

What is claimed is:

1. A golf shot alignment system comprising a left and a right shoe, each having a longitudinal axis wherein each said shoe includes alignment indicia disposed upon an upper surface thereof, such that when the left and the right shoe are positioned proximate each other, the alignment indicia form an alignment grid to assist a golfer in alignment of his or her feet in preparation for a properly aligned golf shot.
2. The golf alignment system of Claim 1 wherein the alignment indicia are comprised of markings that are visually discernable from the shoes.
3. The golf shot alignment system of Claim 2 wherein the markings are comprised of a color that is distinguishable from the color of each shoe.
4. The golf shot alignment system of Claim 2 wherein the markings are affixed to the upper surface of each shoe via adhesive means.
5. The golf shot alignment system of Claim 2 wherein the markings are painted on the upper surface of each shoe.
6. The golf shot alignment system of Claim 2 wherein the markings are manufactured as an integral component of each shoe.

7. The golf shot alignment system of Claim 2 wherein the markings are formed of raised stitching extending from the surface of the shoes.

8. The golf shot alignment system of Claim 2 wherein the markings are formed by recesses within the shoes.

9. The golf shot alignment system of Claim 2 wherein the markings are comprised of at least two alignment stripes disposed upon the upper surface of each shoe, each said alignment stripe having a transverse axis offset from the longitudinal axis of the shoe upon which it is disposed such that when the left and the right shoe are positioned proximate each other, the inner edges of the alignment stripes on the left shoe become substantially parallel to the inner edges of the alignment stripes on the right shoe due to a wider width of a human's front foot region and a narrower width of a human's rear foot region thereby creating a virtual vertical alignment channel extending forward from the aligned inner edges of the alignment stripes in order to assist the golfer in alignment of his or her feet in preparation for a properly aligned golf shot.

10. The golf alignment system of Claim 9 wherein each shoe further comprises at least one substantially vertically aligned stripe connecting two or more said alignment stripes thereby visually displaying at least a portion of the virtual vertical alignment channel.

11. The golf shot alignment system of Claim 9 wherein when the left and the right shoe are positioned proximate each other, the longitudinal axis of each alignment stripe on the

left shoe is substantially parallel to the longitudinal axis of a corresponding alignment stripe on the right shoe thereby creating at least one horizontal alignment guide line to provide the golfer with an additional golf shot alignment mechanism.

12. A pair of golf shoes used to assist a golfer in preparing for a golf shot, the golf shoes comprising:

a left and a right shoe each having a longitudinal axis wherein each said shoe includes alignment indicia disposed upon an upper surface thereof, the alignment indicia comprised of at least one alignment stripe, each said alignment stripe having a transverse axis offset from the longitudinal axis of the shoe upon which it is disposed such that when the left and the right shoe are positioned proximate each other, the inner edges of the alignment stripes on the left shoe become substantially parallel to the inner edges of the alignment stripes on the right shoe due to a wider width of a human's front foot region and a narrower width of a human's rear foot region thereby creating a virtual vertical alignment channel extending forward from the aligned inner edges of the alignment stripes in order to assist the golfer in alignment of his or her feet in preparation for a properly aligned golf shot.

13. The golf shoes of Claim 12 wherein each said shoe further comprises at least one substantially vertically aligned stripe connecting two or more said alignment stripes thereby visually displaying at least a portion of the virtual vertical alignment channel.

14. A method for assisting a golfer in preparing for a golf shot comprising the steps of:

positioning a golfer's left and right shoes, wherein each of the golfer's shoes have a longitudinal axis and alignment indicia disposed upon an upper surface of each said shoe, the alignment indicia comprised of at least one alignment stripe, each said alignment stripe having a transverse axis offset from the longitudinal axis of the shoe upon which it is disposed; and

aligning the golfer's shoes such that when the left and the right shoe are positioned proximate each other, the inner edges of the alignment stripes on the left shoe become substantially parallel to the inner edges of the alignment stripes on the right shoe due to a wider width of a human's front foot region and a narrower width of a human's rear foot region thereby creating a virtual vertical alignment channel extending forward from the aligned inner edges of the alignment stripes in order to assist the golfer in alignment of his or her feet in preparation for a properly aligned golf shot.

15. A method for assisting a golfer in preparing for a golf shot comprising the steps of:

positioning a golfer's left and right shoes in a first position wherein the golfer's feet are in a pre-shot orientation, each of the golfer's shoes having a longitudinal axis, wherein each said shoe includes alignment indicia disposed upon an upper surface thereof, the alignment indicia comprised of at least one alignment stripe each having a transverse axis offset from the longitudinal axis of the shoe upon which it is disposed; and

moving the golfer's feet together resulting in a second position wherein the golfer's shoes are proximate each other such that the inner edges of the alignment stripes on the left shoe become substantially parallel to the inner edges of the alignment stripes on the right shoe due to a wider width of a human's front foot region and a narrower width of a human's rear foot region

thereby creating a virtual vertical alignment channel in order to assist the golfer in aligning his or her feet.

16. The method of Claim 15 wherein when the left and the right shoe are positioned proximate each other, the longitudinal axis of each alignment stripe on the left shoe is substantially parallel to the longitudinal axis of a corresponding alignment stripe on the right shoe thereby creating at least one horizontal alignment guide line to provide the golfer with an additional golf shot alignment mechanism.

17. The method of Claim 16 further comprising swinging the golf club along a path substantially parallel to the at least one horizontal alignment guide.